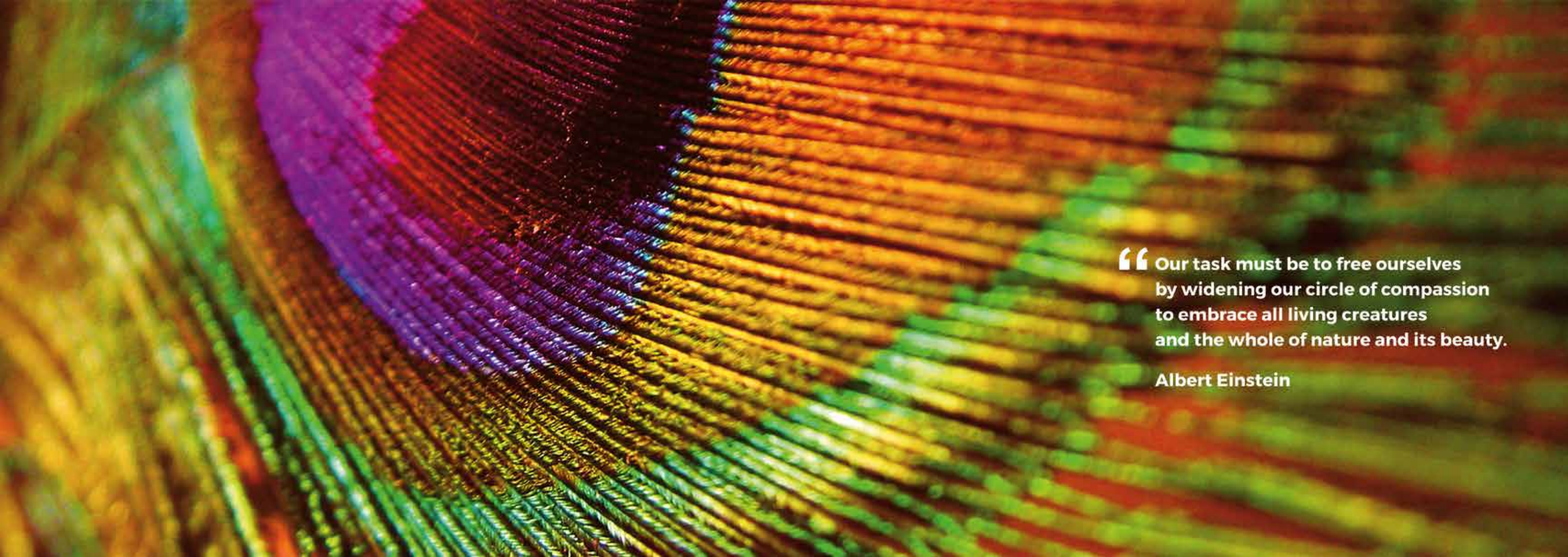




BEYOND TRAUMA

Resiliency Training for Professionals...and for our Planet





“ Our task must be to free ourselves
by widening our circle of compassion
to embrace all living creatures
and the whole of nature and its beauty.

Albert Einstein

Resiliency

For over 20 years I have trained professionals in successful trauma resolution. Most say, however, that the biggest benefit of the training was the emergence of their own wholeness and happiness, expressing a deep truth: when we heal ourselves, we heal the world.

This understanding led to the development of Organic Intelligence® as the most potent tool for resolving trauma and building resilience, **and** as a path of ongoing self-development and mindfulness. It has been a gift to share Organic Intelligence around the world.

Let Organic Intelligence transform you, too. Experience the pleasure of meaningful learning and explore the science of healing in a community of compassionate professionals. A world of wisdom awaits, and the world awaits your wisdom.



Steven Hoskinson, MA, MAT
Founder and Chief Compassion Officer

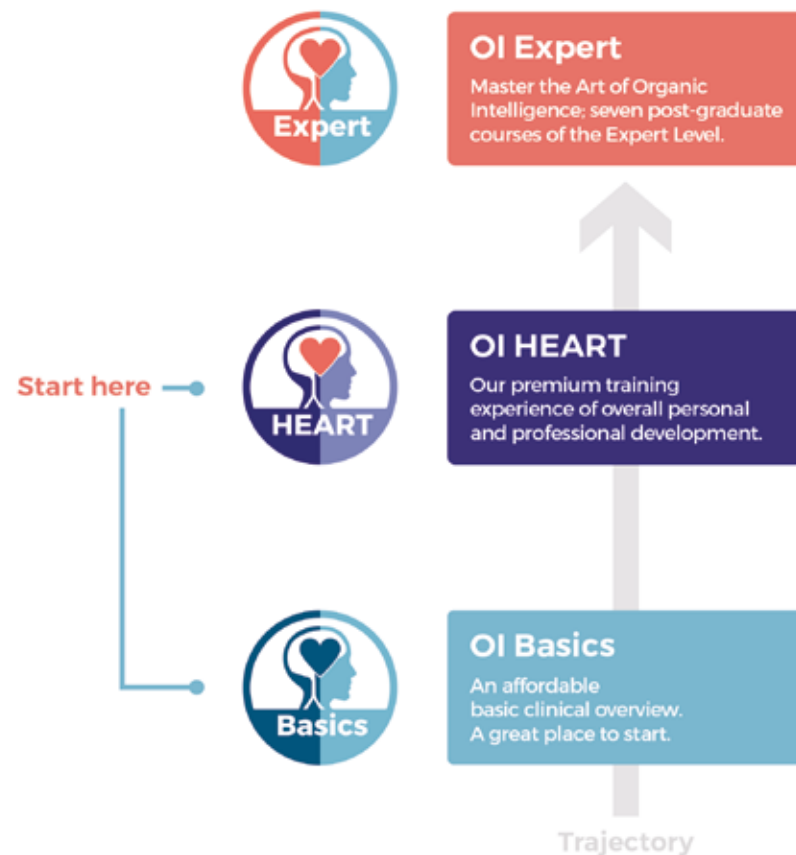
Professional Training

The Human Empowerment And Resiliency Training, **HEARTraining®**, is our premium, leading edge training experience of personal development and professional excellence. HEARTraining is a continuing education certificate program open to mental health professionals seeking effective skills in trauma resolution, resiliency, and stress-management and to anyone seeking professional development and personal growth.

OI Expert (OIX) Membership is a continuing education certificate program developed specifically to help integrate complex, advanced somatic skills and bring the refinements necessary to work with the most challenging clients safely and with confidence. OIX is open to HEARTraining, Hakomi, Sensorimotor, and SE™ graduates.

For an affordable, basic clinical overview of OI, try **OI Basics** Membership, a great place to start.

Organic Intelligence is neither a regulatory nor licensing organization and therefore not sanctioned to certify, license, or otherwise bestow the legal authorization to practice as a mental health professional.



What is Organic Intelligence?

Organic Intelligence® (OI) is a theory and clinical practice of human empowerment, resiliency, mindfulness, and compassion to resolve the devastating effects of stress, trauma, and PTSD. It breaks new ground in positive psychology, clinical training, professional expertise, and personal development. OI brings a necessary shift in perspective from pathology and trauma to the proven methods drawn from the science of self-organization. It teaches how healing happens from the nervous system up and makes it possible to imagine freedom from suffering. Freedom from suffering becomes freedom for living an authentic, vibrant life in the here-and-now.

Organic Intelligence was developed by Steven Hoskinson, MA, MAT, who has trained thousands of practitioners and mentored trauma resolution instructors in North America, Europe, the Middle East, and Asia.



A Compassion Enterprise

Organic Intelligence is a Compassion Enterprise. It is both a teaching and a practice whose aim is to provide access to powerful tools for directly and potently engaging with the needs of all living beings. To promote broad access to these tools, this enterprise dedicates a percentage of its profits to providing scholarships to the OI Human Empowerment And Resiliency Training (HEARTraining®) and to supporting pro bono OI Community Projects worldwide.



Restoring The Precious Within Us

Organic Intelligence is wisdom gathered by Steven Hoskinson, by deeply contemplating and exploring the various problems that manifest within our modern society. It is this wisdom that enables us as human beings to restore the precious within us, which was lost in the development of modern society.

Professor Yukari Makino, PhD
Yokohama Soei University, Japan

Our Partners





Clouds over the South Pacific | Image courtesy of NASA



HEARTraining

Human Empowerment And Resiliency Training

Enroll at [GetOI.org](https://www.getoi.org)

CE credits available

The premium, leading edge professional training designed to enhance the skills of mental health professionals in working with c-PTSD, trauma, stress, and syndromes.

And

The premium, leading edge mindfulness, compassion, and resiliency training for anyone seeking personal development and professional excellence.



By Enrolling, You Will Discover:

As a Mental Health Professional

Looking for Personal Development

1.

The Most Powerful Trauma Training on the Planet

Learn to use the most innovative, leading edge interventions, effectively and safely.

2.

Empowerment, for Yourself and for Your Clients

Find the loving power
of your biology.

3.

Greater Resiliency in Working with Your Clients

Find relief from
stress and burnout.

1.

Relief from Stress, Inner Peace

Experience the unfolding of your
innate potential and loving Being.

2.

Personal Development and Professional Excellence

Find empowerment, and
peak performance in life and work.

3.

How to Live Life With a Mindful Heart

Acquire the tools to embody
the change you wish to see in the world.





Curriculum

Year 1

With an equal focus on the development of skills and development of the person, we see beyond trauma to the re-emergence of natural compassion for oneself and others: human empowerment and resiliency. By learning and practicing the OI clinical protocol, students begin to see into the structure of complex systems: biological, family, global, etc. Students learn to “read” and understand the maps for these systems, practicing implicit trauma resolution and using these maps to make attuned, appropriately timed interventions. Simple human pleasure is cultivated, mindfulness emerges, and hope results.

Year 2

Students continue their exploration of complex systems and focus on progressive skill development in trauma resolution by working with the most common traumatic events. During this year, students learn to shepherd treatment through its natural stages, from implicit to explicit content, and develop the art of “the free association conversation.” This year also emphasizes students finding their own latent agency and meaning. We orient around what really matters. If Year 1 is like learning musical scales and playing simple melodies, Year 2 shows how to play complex compositions (Year 3: improvisation!).

Year 3

In this third year, the refinement of wise support takes us to a new level of sophistication. The emphasis is on supervised practice and advanced skill development, to include deep listening and touch and embodying what it means to be of service. We will examine how physical syndromes such as migraines, fibromyalgia, environmental sensitivity, addiction, etc., can reflect the compromised autonomic organization. We will use our newly developed skills to address these syndromes. Students’ OI clinical work becomes more effective and natural. The pleasure is unmistakable, the hope is palpable, and the effect is powerful.



“Having trained therapists and other helping professionals in over 30 countries around the world. I have had the opportunity to observe how this approach really *is* therapy’s missing link.

Steven Hoskinson, Founder

Certificate Program

HEARTraining® is a continuing education certificate program consisting of three years, 36 days of in-person training in residential retreat format and ongoing self-learning in the OI Virtual Classroom.

Residential Training in Beautiful Retreat Settings

The residential training units create a community, providing a powerful environment that nurtures a selfless, heart-oriented path of personal development and professional excellence. Training locations are selected to support the nature of our work — in beautiful, world-class retreat settings.

OI Virtual Classroom for Ongoing Home Study

In-between residential training units, you will be able to continue learning and exploring OI perspectives and tools through the OI Virtual Classroom. Your Virtual Classroom provides video and audio recordings as well as transcripts of the Residential Teaching units, plus supplemental lectures on an ongoing basis to support your new skills and theory acquisition. You will work at your own pace and study from the comfort of your home or practice, with the ability to immediately incorporate newly learned material into your personal and professional life.



image courtesy of NASA



Changing The Course Of Humanity



I believe wholeheartedly that this work has the power to change the course of humanity. We, as a species, are very stuck, traumatized, harming ourselves, each other, and this planet at an alarming rate. Effective help to heal that wounding and stop the cycles is more important than it's ever been. This work is gentle, non-pathologizing, and applicable to many kinds of life and professional practices.

Eve DeRooy, LMP, CCST, SEP



Requirements & Tuition

Requirements

The HEARTraining® is open to mental health professionals seeking effective skills in trauma resolution and stress-management, and to individuals seeking personal growth through professional development. Prerequisites include a commitment to personal excellence and a call to mindful service. A college degree or equivalent professional experience is required to attend the training.

Exceptional Value

The HEARTraining is a continuing education certificate program. Training locations are selected to support the nature of our work — in beautiful, world-class retreat settings. The training consists of 36 residential training days (234 contact hours) and ongoing at-home study through the OI Virtual Classroom. Tuition for HEARTrainings within the USA is \$6,950 when paid up front for the 3-year training. We offer options to spread tuition over the three training years. Tuition may vary in other countries and currencies. Please visit our website GetOI.org for local rates and payment options.

Group discounts and scholarships are available for those from traditionally marginalized populations. We offer generous same-household and family discounts. Somatically trained Trauma Professionals from SE™, Sensorimotor, Hakomi and similar training programs may be eligible for a discount. For more information please visit our website GetOI.org.

If you believe you may qualify for any of these discounts, please contact Tashia at [+1 \(760\) 634-3691](tel:+17606343691), or tashia@organicintelligence.org before enrolling.

All fees are subject to change without prior notice.



OI Expert is open to HEARTraining®, Hakomi, Sensorimotor and SE™ graduates.

Become an OI Expert

Master the Art of Organic Intelligence

If you are a somatically trained therapist, expand your ability to work with skill and finesse by mastering the art of Organic Intelligence®. This program is designed specifically to help you integrate advanced somatic skills and bring the refinements necessary to work with the most challenging clients safely and with confidence.

Enroll at GetOI.org



“ An Exceptional Model

The Organic Intelligence Expert Level Training has given me a limitless opportunity to expand my understanding of this exceptional model and to build and cultivate my therapeutic and life skills. It has brought personal and professional awareness to my life I had not considered possible. Doors are opening and life is richer as I deepen my understanding of the organic intelligence in myself and the Beings I serve. I HIGHLY recommend the course. You will not be disappointed!



Marisol Tomas, LCSW, SEP



Work at Your Own Pace

Study from the comfort of your home or office and work at your own pace. Each of the courses in this 12-month intensive provides 5 to 13 hours of prerecorded class time and includes lectures, graphics, and demonstrations with Mega-Reviews during which Steve walks you, step-by-step, through every session. During the intensive, Steve conducts Family Room gatherings in which you will have the opportunity to discuss each topic further.

Cost-Effective Package

OIX does not require expensive travel or room & board, and it does not require you to take any valuable time off. OIX provides the most efficient, advanced, and affordable access to the forefront of successful therapy.

There are two payment options: **get two months free** by paying for the 12-month OIX tuition of \$2,497 up front, or pay in 12 monthly payments of \$249.

All fees are subject to change without prior notice.



OIX is a Continuing Education Certificate Program Consisting of 7 Courses:

- 1. Shifting Paradigms 2.0** Establish a solid theoretical foundation and start your clinical work off right for your most effective therapy sessions.
- 2. Image to Archetype** Parts work, ego states, priming motor and mirror neurons, and archetypal integration set the stage for deep healing.
- 3. Phase II: Coherence** Learn to precisely recognize and “shepherd” the shift from Phase II (stabilization) to Phase III (coherence). This makes all the difference. Positive psychology is the key, mindfulness is the path, and compassion is the result.
- 4. Multiple Trauma Vortex** See how traumas stack, how they show up in the “complex du jour,” and how to work the whole complex, not just the trauma.
- 5. The First Thirty Seconds & Holographic Blue** An understanding of our fractal nature shows you where your client is going from the very first seconds of a session; the Holographic Blue provides the map of the unfolding complex.
- 6. Love & Lineage** Our fractal nature reveals how trauma is inter-generational; ancestral support offers peace with one’s heritage and provides healing across the generations. Love is the path. This is one of the most moving courses, where we find a return to the embrace of those who know us best.
- 7. Fractal Mind & The Free Association Conversation** This is the most current perspective on how healing happens, including OI’s core scientific underpinnings in Deep Ecology. It clearly explains the map of how to do transformative work in complex systems. This course has been called “The Primer for Good Therapy.”



OI Basics

Tools for Dramatic and Safe Success for Therapists

This membership provides a wealth of self-learning tools to enrich your personal and professional life from day 1. Learn at your own pace. New material is added every month:

- ✓ Organic Intelligence® Educational Videos
- ✓ Live Demonstrations by Founder Steven Hoskinson
- ✓ Webinars
- ✓ Family Room Meetings with Founder Steven Hoskinson
- ✓ Free Access to the OI Blog
- ✓ Join the OI Community in the OI Forum
- ✓ Free Graphics Pack – The Maps for Clinical Success
- ✓ Discounts on New Classes

Enroll at [GetOI.org](https://www.getoi.org)

FREE 30-Day Trial

Unlimited Access, for just \$19.97 a Month

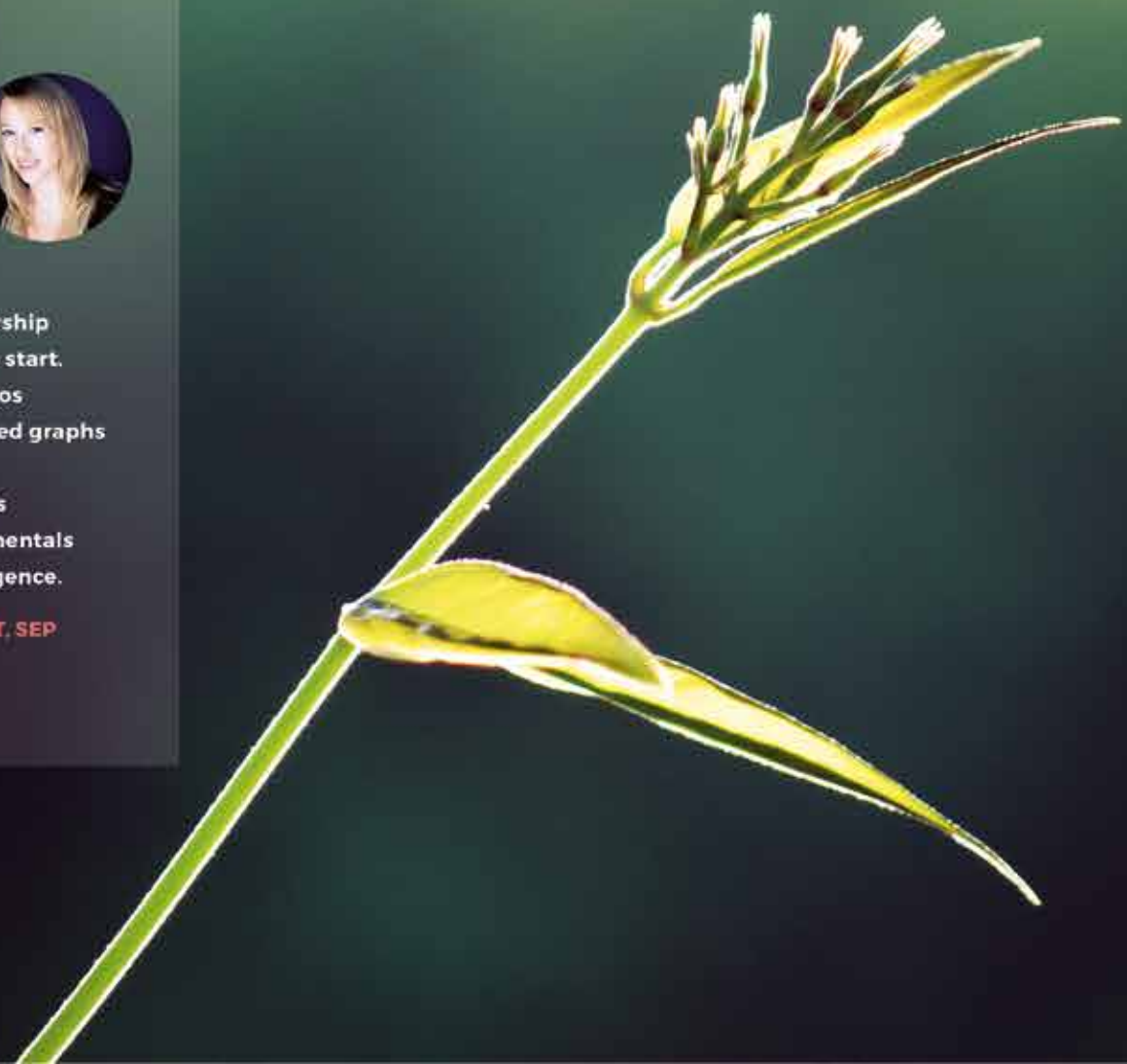


A Great Place To Start



OI Basics Membership is a great place to start. The multiple videos and vividly detailed graphs are excellent self-learning tools to get the fundamentals of Organic Intelligence.

Baylee Bolton, LMT, SEP



Steven Hoskinson Chief Compassion Officer

Steven Hoskinson, MA, MAT, is the Founder and Chief Compassion Officer (CCO) of Organic Intelligence® and the 501(c)(3) nonprofit Organic Intelligence Outreach Institute. Steve created the Human Empowerment And Resiliency Training (OI HEARTraining®) based on Organic Intelligence, which is a positive psychology, fractal method known for its implicit exposure approach to trauma.

Since 1999, Steve has trained thousands of professionals in North America, Europe, Asia, and the Middle East in the art of the compassionate treatment of trauma. As Professional Training Faculty for the SE Trauma Institute, he has mentored and trained teachers across the globe and is also Adjunct Faculty for JFK University's Somatic Psychology program.

Steve is a founding member of the Northern California Society for Integrative Mental Health and the International Transformational Resilience Coalition. He also served on the Global Training and Education Council for the SE Trauma Institute.

Lineage

Steve's lineage includes a direct line to Milton Erickson, MD's, legacy through study with most of Erickson's followers: Brian Alman, PhD, Stephen R. Lankton, MSW, DAHB, LCSW, Carol Hicks Lankton, MA, LMFT, Bill O'Hanlon, MS, Ernest Rossi, PhD, Gary Ruelas, DO, PhD, and Jeffrey Zeig, PhD. In particular, Erickson's protégé Stephen Gilligan, PhD, has been a personal mentor for Steve through his "Generative Change" work.

In 1990, Steve began studying with Peter A. Levine, PhD. Levine has worked in the field of stress and trauma for over 40 years and is the author of the best selling book *Waking the Tiger: Healing Trauma*. Levine's explorations into how animals deal with threat led to the development of Somatic Experiencing®, a method created to deal with the effects of overwhelm on our nervous system.

Steve has studied spiritual development, meditation, and mindfulness both academically and personally. The practice and study of Aikido with Coryl Crane Shihan became a pivotal expression of his integration of mind and body. Steve's other important teachers and mentors include Thomas Merton through E. Glenn Hinson, PhD, artist Paul Reynard, Lee Edward Travis, PhD, and Claudio Naranjo, MD.



**Our humanity
rests not in what
distinguishes us
from the rest of life,
but rather
in what we share.**

Steven Hoskinson

“ When the power of love
overcomes the love of power
the world will know peace.

Jimi Hendrix



Enroll at [GetOI.org](https://www.getoi.org)

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